

# SHROPSHIRE INCLUSIVE DANCE 2025

## Overview

The grant contributed towards the continuation of Shropshire Inclusive Dance's (SiD's) weekly programmed dance classes, reducing loneliness, isolation, offering support and connection for people with learning disabilities and finding new and more ways to be creative together. Over 36 weekly dance sessions took place since the grant was awarded.

SiD achieved what they intended by supporting people with learning disabilities to participate in an activity they enjoy and love. They have created an environment where people from all backgrounds and of all abilities can dance together.

## Participants

50 people attend the weekly Wednesday dance sessions  
200 people attended the celebration event at Theatre Severn  
12 freelance artists and support workers and 6 volunteers assisted sessions/event

## Participant Feedback

Feedback from participating dancers indicated that not only did they enjoy attending dance classes with Sid but that their confidence and sense of belonging to a community increased. They have also valued being able to express freely and feel that their mental and physical well-being has improved.

## Summer Celebration

Part of the grant contributed towards SiD's Summer Celebration event at Theatre Severn, Shrewsbury. In 2025 SiD also included young people from their Highflyers group and created the work using an overarching theme '*Sunrise to Sunset*'. Participating dancers really enjoyed working towards the show in their weekly classes, which Basil Houghton Memorial Trust supported.

## Audience Feedback

"What a beautiful performance! It was of such high quality and storytelling (the compere was superb). I could see how hard everyone worked and the care showed well. The dancers were incredibly happy and engaged; the set, lighting, and sound were lovely, and I could see so much of SiD in that event."

"A quick message of sincere thanks for the invite to join you at the dance performance this evening. It was such a privilege to watch young (and not so young!) adults participate meaningfully in dance, performance, and art. They were amazing and I was incredibly moved."

Photography by Ming De Nasty

